Musculoskeletal Disorders: Report, Workshop Summary, and Workshop Papers

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The 2015 report of the National Research Council (U.S.) Steering Committee for the Workshop on Work-Related Musculoskeletal Disorders: Prevention and Management provides a detailed and comprehensive overview of the current state of knowledge and research in this field. The report includes a summary of the workshop proceedings, keynote presentations, and oral and written responses to the papers or comments on the field of inquiry. It is intended to provide a starting point for discussions and actions aimed at preventing work-related musculoskeletal disorders and improving the health and safety of workers.

The report covers a range of topics, including the nature and extent of the problem, the causes of work-related musculoskeletal disorders, and the interventions that can be effective in preventing and managing these disorders. The report also includes case studies and examples of successful interventions.

The report is intended for a wide audience, including researchers, policymakers, employers, and workers. It is available online and can be downloaded for free.