The complete book of herbs & spices - Free Library Catalog With more than 340000 copies sold in hardcover, this essential, full-color resource is now available in paperback. Revealing the enormous potential of herbs, The Complete Book of Herbs: A Practical Guide to is a comprehensive guide that provides detailed information on every aspect of growing and using herbs. It is an excellent resource for both home gardeners and professional herbalists. The book covers a wide range of topics, from the history and cultivation of herbs to their uses in medicine, cooking, and other applications. The Complete Book of Herbs is a must-have for anyone interested in herbs and their uses.