Our Little Secret: Confronting Child Sexual Abuse in Canada

Judy Steed

Our Little Secret: Confronting Child Sexual Abuse in Canada by Judy Steed. This book is a powerful and moving account of one of Canada's most traumatic crimes—child sexual abuse. It exposes the reality of this crime and calls for a comprehensive response from society. The rates of reported child sexual abuse have risen five-fold since the late 1980s, and our understanding of the consequences of this abuse is crucial for effective action.

In Canada, child sexual abuse is a significant issue affecting children and their families. The book highlights the need for better awareness, education, and support for victims. It discusses the importance of addressing the root causes of child sexual abuse, including the role of institutions and society in preventing and responding to this crime.

The Courage To Heal: A Guide for Women Survivors of Child Sexual Abuse By Ellen Bass and Laura van der Post, 1990. This book offers essential guidance for women who have experienced child sexual abuse, providing strategies for healing and recovery. It promotes understanding and compassion, encouraging survivors to seek support and feel empowered to move forward.

Additional Links and Resources - Durham Rape Crisis Centre. These resources provide support and information for those affected by child sexual abuse. They offer a range of services, including counseling, advocacy, and educational programs.

Our Little Secret: Confronting Child Sexual Abuse in Canada is an important contribution to the conversation about child sexual abuse in Canada. It raises awareness and calls for action to address this pressing social issue.