Multiperspectivalism in Ruth L. Ozeki's My Year of Meats: A Novel Summary & Study Guide includes detailed chapter summaries and analysis, quotes, character descriptions, themes, and more. My Year of Meats: Penguin Books USA ? My Year of Meats by Ruth Ozeki 9780140280463 - Book Depository. My Year of Meats is a novel by Ruth Ozeki, published by Penguin Books USA in 1998. It is a modern-day take on the themes of fertility and motherhood through the lens of television and industrial agriculture. The novel explores the intersections of these disparate issues through the experiences of two women: Jane Takagi-Little, an ambitious documentary filmmaker, and Akiko, a Japanese American chef. The book takes advantage of the differences between Japanese and American culture to highlight the universal themes of love, sex, fertility, and its destroyers. My Year of Meats captivated readers and reviewers worldwide. It was awarded the Kirayama Prize for Literature of the Pacific Rim in 1999. The novel is known for its heartwarming and provocative storytelling, making it a must-read for anyone interested in exploring diverse perspectives on life and love.