Ankle Pain: Causes, Home Remedies & Prevention - Healthline The most common ankle injuries are ankle sprain and ankle fracture. This review discusses treatments for ankle sprain (including the management of the acute ankle sprain), ankle sprain treatment, ankle pain treatment, ankle pain relief, ankle pain recovery, ankle pain exercises, ankle pain management, and ankle pain rehabilitation. Ankle injuries, such as sprains and fractures, can cause significant pain and discomfort, making it important to seek proper treatment and management. Proper examination is essential to proper treatment of the injured ankle. Ankle Injury Sports Medicine Australia 19 Sep 2002. Proper examination is essential to proper treatment of the injured ankle. Ankle Injury Sports Medicine Australia 19 Sep 2002.

Management Of Ankle Injuries

Gustaaf Lankhorst ; International Rehabilitation Medicine Association