Life in the Middle Ages: From the Seventh to the Thirteenth Century. Knights and wizards aside, the period of the Middle Ages should include the story of people. By the end of the 13th century, castle construction had grown beyond the Tales of the Middle Ages - Gode Cookery Notre Dame, London: University of Notre Dame Press. 1993. Translated by Albert Wimmer; edited by Steven Rowan. ix, 316p., 34 b/w illus., original green cloth.