Food Insecurity In Canada, 1998-1999

Bruno Rainville ; S. (Satya) Brink; Canada

Should Canadian health promoters support a food stamp-style program to address food insecurity in Canada? A late 1994 Human Resources Development Canada report recommended a food stamp-style program to address food insecurity in Canada. A 1998-1999 report by Bruno Rainville and Satya Brink examined the prevalence of food insecurity in Canada, finding that 17.2% of Canadian households were food insecure. The report also identified the socio-demographic factors that contribute to food insecurity, including poverty, unemployment, and housing instability.

The report recommended a comprehensive approach to addressing food insecurity, including increasing the availability and affordability of healthy foods, improving access to emergency food assistance, and addressing the underlying economic and social determinants of poverty. The authors concluded that a multi-sectoral approach is necessary to effectively reduce food insecurity in Canada.