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The African Burial Ground, located in what is now SoHo, was one of the largest African burial grounds in colonial America. The book provides a comprehensive overview of the site, detailing the history of the burial ground and the people buried there. Joyce Hansen and Gary McGowan, the authors, were part of the excavation team that discovered the site and worked to preserve and document it.

The book is rich in historical context and includes discussions of the contributions of African Americans to New York City's development, as well as the work of historians and archaeologists who have studied the site. It also includes personal stories of the individuals buried at the site, providing a glimpse into their lives and experiences.

Breaking Ground, Breaking Silence is a valuable resource for anyone interested in African American history, New York City history, or the study of burial sites. It is not only a historical account but also a call to action, reminding us of the importance of preserving our past and recognizing the contributions of all communities to the nation's history.