Arthroscopic Shoulder Surgery And Related Procedures

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Arthroscopic surgery is a surgical procedure in which an arthroscope is inserted into the joint, allowing the surgeon to visualize the interior of the joint. Arthroscopic surgery is commonly performed on the shoulder, knee, and hip joints. It is a minimally invasive procedure that allows for faster recovery and less pain compared to traditional open surgery.

Arthroscopic surgery procedures may include:
- Grafting and patching procedures
- Arthroscopic shoulder surgery
- Arthroscopic rotator cuff repair
- Arthroscopic shoulder decompression
- Arthroscopic acromioclavicular joint surgery
- Arthroscopic subacromial decompression

Complications of arthroscopic surgery may include:
- Blood loss
- Problems related to anesthesia
- Swelling
- Infections

Arthroscopic surgery is performed to treat various conditions such as rotator cuff tears, meniscal tears, and osteoarthritis. The benefits of arthroscopic surgery include smaller incisions, faster recovery, and less pain.

Surgery instructions for arthroscopic shoulder surgery include:
- Keeping the arm elevated
- Avoiding heavy lifting
- Performing gentle shoulder exercises

Post-operative instructions for shoulder arthroscopy procedures may include:
- Resting the arm
- Taking pain medication
- Physical therapy

Arthroscopic surgery is a popular choice for patients seeking a less invasive method of treating shoulder conditions. However, as with any surgical procedure, there are potential risks and complications that patients should be aware of.

References:
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